

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1 - 8 (canceled)

9 (New): A method for formatting an optical information recording medium, comprising the steps of:

performing a power calibration by a drive,

determining a recording power as a result of the power calibration, and

formatting the medium at a recording power which is lower than the recording power determined as a result of the power calibration.

10 (New): An optical information recording medium formatted by the method of claim 9.